



NEURODIVERSITY SERVICES DIRECTORY – HULL - 2025/26

This booklet provides valuable information on the wide range of services available to children and young people who are neurodiverse, including guidance on how to access a diagnosis, and those already diagnosed, living in Hull.

Developed in collaboration with professionals and members of the Hull Parent Carer Forum, it aims to support families by guiding them through the various resources, services, and opportunities that cater to the needs of neurodiverse children and young people. The booklet is intended to be a helpful and up-to-date reference, and it will be reviewed annually to ensure it continues to reflect the most current services and support available.

Hull 0-19 (25) Public Health Nursing Service - Humber NHS Foundation Teaching Trust.

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We support babies, children, young people and their families across both Hull and the East Riding of Yorkshire.</p> <p>Our teams include health visitors and school nurses, who work closely with a wide range of skilled practitioners to support clients from-pregnancy through to a young person reaching 19 years of age, or 25 years if they have special needs and/or disabilities.</p> <p>Our teams work within different settings such as the client's homes, family hubs, health centres, nurseries, and education settings to offer support and evidence based advice to families.</p>	<p>0 - 5 years – Healthy child programme Universal offer.</p> <p>5 to 19 (25) years public health need or support required for example diet, weight, smoking, PSHE, sexual health, personal hygiene, emotional wellbeing.</p>	From the start of pregnancy through to your child reaching 19 years (25 years with SEND)	<p>Monday to Friday 8.30 – 5pm.</p> <p>Single point of contact</p> <p>01482 259 600</p> <p>Parentline</p> <p>07312 263206</p>
		Referral process	<p>ChatHealth-11 to 19 (25) years</p> <p>07312 263199</p> <p>Website - Children's 0-19 Health Visiting and School Nursing - Connect NHS</p>
		<p>Health Visiting 0-5 years all families will be offered universal core contacts no referral needed.</p> <p>School Nursing 5-19 (25) referrals from parents, professionals, and young person (over 13 years)</p> <p>How to make a referral here - Referral process - Hull Health Visiting and School Nursing - Connect NHS</p>	

Befriending – Kids

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>Our befrienders offer you a compassionate hand during your journey. We know that discovering your child's disability or facing tough times can be hard because we've been there ourselves.</p> <p>Our free emotional support service can help you through those difficult times.</p>	<p>This service for parent/carers of any child with a special educational need or disability</p>	<p>Can only access service if in a Hull postcode</p>	<p>The best way to contact this service is to use the form on the website Hull Befriending - Kids</p> <p>You can call or email or visit our Facebook group</p> <p>Phone: 01482 467 540 Email: hullbefriending@kids.org.uk</p>
		<p>Referral process</p>	
		<p>Self-referral using the form on the bottom of the website.</p>	

Child Wellbeing Practitioners – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>Children and Young People's Wellbeing Practitioners provide 1 to 1 support face to face or online.</p> <p>We provide short term focused interventions across 6-8 sessions.</p> <p>Therapy is low intensity and can be delivered face to face, via telephone, online or in the form of self-help materials.</p> <p>Children under the age of 10 may benefit from Parent Led CBT sessions.</p>	<p>Struggling to cope with your feelings of mild to moderate anxiety and low mood.</p>	<p>Age 10-18 years</p> <p>Children under the age of 10 may benefit from Parent Led CBT sessions.</p>	<p>70 Walker Street Hull HU3 3HE</p> <p>Opening hours: Hull CWP's are operational Monday-Friday 09:00-17:00 (excluding Bank Holidays)</p> <p>Tel 01482 205 205</p> <p>Email - hnf-tr.hullcpwp@nhs.net</p>
		Referral process	
		<p>Open to all via contact point including professional's parent/carer and self-referral from young people 16 and over</p> <p>Website - Contact Point - Hull and East Riding - Connect NHS</p> <p>Telephone: 01482 303 688</p>	

Community of Experience - Kids

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>The Community of Experiences builds upon the Humber and North Yorkshire Keyworker Service aims to improve personal wellbeing for parents and carers, and for those aged 14 to 25 with a learning disability, autism or both.</p> <p>We offer peer support, resources and signposting, and regular activities and workshops.</p> <p>The service is delivered in Hull, East Riding, North Lincolnshire, North East Lincolnshire, North Yorkshire and York.</p>	<p>Young people with a learning disability, autism or both up to the age of 25 – plus their parents and carers.</p>	<p>We offer our services both with and without a diagnosis.</p> <p>Age 14-25 years</p>	<p>Phone: 01482 467 540 Email: communityofexperience@kids.org.uk</p> <p>Join us on Facebook (1) Community of Experience - Humber and North Yorkshire Facebook</p>
		Referral process	
		<p>Anyone can refer themselves or their youngsters.</p>	

Contact Point – CAMHS -Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We are a team of experienced clinical team in mental health and learning disability who provide a single point of access for emotional and mental health referrals. The team will help to find the right service for a young person and family to ensure that they get the right support, at the right time and in the right place.</p>	<p>Children and Young people who require emotional or mental health support</p>	No exclusion criteria	<p>Opening Times/Days: Monday to Friday (excluding bank holidays) 9-5pm</p> <p>Website - Contact Point - Hull and East Riding - Connect NHS</p> <p>Telephone: 01482 303688</p>
		Referral process	
		<p>All professionals, parent and caregivers and young people aged 16 -18 years</p> <p>Professional referral form here - Referral process - Contact Point - Hull and East Riding - Connect NHS</p> <p>Parents/carers of a young person 18 years and under and young person themselves if 16 years plus can make a telephone referral.</p>	

Crisis and Intensive Home Treatment Team – CAMHS – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>The 24/7 service offers young people and families assessment and brief intervention in times of mental health crisis.</p> <p>We will initially talk to you and your family over the phone to find out more about your situation and ensure that you are safe.</p> <p>Afterwards we will complete an assessment in a place that you and your family feel comfortable in (usually at home).</p> <p>We also offer up to 72 hours of intervention following a crisis assessment to both young people and families to help identify coping strategies and any further input that might be needed going forwards.</p>	<p>For young people who are in crisis experiencing emotional distress and are struggling to cope.</p>	<p>No exclusion criteria</p> <p>Age - 0-18th birthday</p>	<p>If you require crisis support please call NHS 111 option 2.</p> <p>Website Link Crisis and Intensive Home Treatment Team - Connect NHS</p>
		Referral process	
		<p>We take telephone referrals from young people aged up to 18 years and families who are experiencing a mental health crisis.</p> <p>We also take telephone referrals from professionals working with a young person. This could be a Core CAMHS Clinician, Social Worker, Teacher, GP etc.</p> <p>All referrals are via telephone</p>	

Early Help Family Support Team (SEND) - Hull City Council

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>Is a family focused service which provides a specialist worker with a knowledge of the needs of families whose children have Special Educational Needs and Disabilities.</p> <p>Our role is to work with the other agencies (health, education, social care and the voluntary sector) to provide advice, information, emotional and practical support to families.</p>	<p>Families who need support around parenting, co-ordinating services, information, advice, guidance</p>	<p>Families of children and young people who are disabled and/or those with complex health needs who live in Hull.</p>	<p>Support can be accessed through a self or professional referral through the Hull City Council website: https://www.hull.gov.uk/children-and-families/family-support/early-help-family-support .</p> <p>Leaflet available on Local Offer</p> <p>If you are unable to complete the online form you can contact an Early Help Locality Hub on one of the numbers below -</p> <p>North Locality Hub – 01482 828 901</p> <p>East Locality Hub – 01482 708 953</p> <p>West Locality Hub – 01482 305 770</p>
		Referral process	
		Any support agencies working with families, or families can self-refer	

Early Years Access and Inclusion Team – Hull City Council

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>The aim of the service is to ensure children who have or may have SEND are identified as early as possible and that appropriate interventions are in place in their Early years setting eg Childminder/Nursery/School</p> <p>To support access and inclusion in local nurseries as per the SEND Code of Practice 2014</p> <p>To ensure appropriate referrals are made and support given to prepare the child for as smooth a transition as possible into school.</p> <p>Facilitate a parent's group, "Parents United", a parent lead peer group, supported by a member of the team at each session. https://www.facebook.com/parentsunitedhull</p>	<p>Children 0 – 5yrs referred in by Health visitors who have scored low on their ASQ for S&L or high for social interaction.</p> <p>Children referred in by E Years settings where they have concerns in any area of the child's development</p>	<p>Children must be in receipt of Early Education funding to enable them to access additional funding to support their needs.</p> <p>In some cases, Early Intervention Funding is available for 2year olds who are referred in via the health visitor pathway who wouldn't qualify for 2 year early education funding.</p> <p>Children under 2 MUST be referred in via the health visitor pathway, they may then qualify for Portage intervention.</p> <p>Referral process</p> <p>Health Visitors and any other health professionals (usually via the Health Visitor referral pathway) - Private and Voluntary Early Years settings/ childminders - School (maintained) nurseries</p> <p>Parents of children 0-5 with SEND can access the service for support and advice via the Family Information Service</p>	<p>The service can be accessed via the Family Information Service Tel 318318 familyinformationservice@hullcc.gov.uk and the health visitor pathway.</p>

Eating Disorder Service – CAMHS – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
We are a team of health professionals that specialise in the assessment, intervention, and support of young people aged up to age 18, and their families, with a suspected or confirmed eating disorder.	Suspected or confirmed eating disorder.	<p>Primary Difficulty is around eating associated concerns that may suggest a suspected eating disorder.</p> <p>The team acknowledges that there are other food related difficulties that do not fit the criteria mentioned across. For these cases the team may still offer consultation or assessment, but it may be that the intervention required is more suitably delivered by another CAMHS pathway (e.g. anxiety) or an alternative service.</p>	<p>Open Monday -Friday 9-5</p> <p>CAMHS Eating Disorder Service - Connect NHS</p> <p>Coltman Avenue Clinic</p> <p>Coltman Avenue</p> <p>Beverley</p> <p>HU17 9LP</p> <p>Email - hnf-tr.camhsed@nhs.net</p> <p>Tel - 01482 347 886</p>
		Referral process	
		<p>Any professional who has concerns about young people they are working with. Parents, carers and young people. If you have concerns but are not sure about making a referral, please contact us as we have a member of the team available each day to talk this through with you.</p> <p>By telephone, letter, or through our online referral form (professionals only).</p>	

Family Activities – Hull - Kids

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We provide weekly sessions for the whole family with fun activities supported by dedicated playworkers while parents have a chance to chat, seek support, and take some time out.</p> <p>Activities include Games, crafts & story-time, cookery, seasonal activities and social events.</p> <p>Parents/carers must attend, siblings are also welcome.</p>	<p>Families with children and young people with special educational needs and disabilities with a diagnosis or those on pathway to a diagnosis.</p>	<p>Hull resident</p> <p>8-18 years (19 years if still in education)</p>	<p>Email: enquiries.yorkshire@kids.org.uk</p> <p>Tel: 01482 467 540</p> <p>Website - https://www.kids.org.uk/services/hull-family-activities/</p>
		Referral process	
		<p>Parent/carers can self-refer.</p> <p>Referrals from professionals, e.g. social services or Early Help workers.</p>	

First Steps to Communication – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>The service is an integrated offer across Health and Family Hubs. The purpose of the pathway is to offer support for the SLCN of children who are presenting with delayed development, but do not meet the criteria for the Specialist SaLT service; the aims being to prevent children entering the Specialist Service and support children to access their social and learning contexts as they grow and develop and enter school.</p> <p>Interventions currently focus on interventions in the home learning environment, engaging with parents as the primary carer, supporting the development of effective parent/child interactions. Where appropriate, interventions are carried out in a nursery setting to reinforce learning. Chatterbox groups are delivered in Nursery, these groups follow on from special talking time intervention.</p>	Pre-school aged children who are at risk of delayed speech, language, and communication development.	The service is only accessible for children living in Hull who are pre-school age	First Steps referral within SEND notification document.
		Referral process	<p>Website - First steps to communication - Children's Speech and Language Therapy - Connect NHS</p> <p>The Walker St Centre 70 Walker St Hull HU3 2HE</p> <p>Please see our 'Locations' page for more information.</p> <p>Opening hours: 08:30 – 16:30 Monday – Friday (excluding Bank Holidays).</p> <p>Tel Children's SaLT 01482 692929 (option 3)</p> <p>Email - hnf-tr.sltadmin@nhs.net hnf-tr.sltadminreferrals@nhs.net</p>
		<p>Speech and Language Therapy</p> <p>Health Visitors</p> <p>Early Years Practitioners</p> <p>Referral form - First Steps to Communication referral form - Connect NHS</p>	

Psychological Service (Hull) Hull City Council

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
Consultation Meetings for schools Training- ELSA (Emotional Literacy Support Assistant) Demand avoidance Foetal alcohol Bespoke training to improve the learning, social and emotional environment. Therapeutic interventions- e.g. Therapeutic Story Writing Supervision for school staff Individual casework/assessments Group work/interventions Statutory work and Education Health Care needs assessments Critical Incident Support for Schools and other Local Authority Services	All special educational needs	No diagnosis needed for referral for casework, but it is a traded service for schools or work is solely commissioned by the Local Authority Age – 0-25 years	City psychological service for schools Hull
		Referral Process	
		School SENCo Early Years Area SENCo Local Authority SEND Team Virtual School No direct referrals from parents	

Hull Parent Carer Forum

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We are the official Parent Carer Forum for Hull. Run by SEND parents, for SEND parents. We host events, share information and support and provide opportunities to connect with other parents and carers in the same position</p> <p>We facilitate parents to have a voice, gather feedback and work with decision makers to improve services we all use or need to access.</p> <p>We host a friendly Facebook private group, a safe space to ask any questions and share tips and advice as well as other events.</p> <p>Hull Parent Carer Forum</p>	<p>Need support, information and advice relating to their child/young person with SEND.</p>	<p>Members must have a Hull GP or a Hull Postcode to join and access our events and opportunities.</p> <p>We are open to any parent carer with a child/young person with any special need or disability aged 0-25 in Hull. Your child does not need a diagnosis to join</p>	<p>The best way to contact is via email at info@hullparentcarerforum.co.uk. You can also call us on 01482 230 017, however this phone is not always manned.</p> <p>Message us on our Facebook Page https://www.facebook.com/Hullparentcarerforum</p> <p>Visit our website for further information, news and events. https://www.hullparentcarerforum.co.uk/</p>
		Referral Process	
		<p>Open to all</p> <p>No referral needed</p> <p>Professionals or existing members can contact us to introduce a new parent carer to us.</p>	

Hull SENDIASS - Kids

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>SENDIASS stands for Special Educational Needs and Disabilities Information Advice and Support Service.</p> <p>This is the SENDIASS service for people living in Hull.</p> <p>It's a free, impartial, and confidential service offering information to young people with special educational needs and disabilities (SEND) and to their parents and carers.</p>	<p>Families needing information, support and advice around SEND.</p>	<p>Families of young people aged 0 – 25 with special educational needs and disabilities. The service is open to parents and carers, and to young people themselves.</p> <p>No formal diagnosis required.</p> <p>Live in Hull</p>	<p>Telephone: 01482 467541</p> <p>Email: hullsendiass@kids.org.uk</p> <p>Online contact form: https://forms.office.com/e/mFJZwUaEKh</p> <p>Facebook - https://www.facebook.com/HullSendiass</p> <p>Website – https://www.kids.org.uk/sendass/services/hull-sendass/</p>
		Referral Process	
		<p>SENDIASS has a parents/carer or Young Person (up to the age of 25) ONLY self-referral process through calling (01482) 467541 or email: hullsendiass@kids.org.uk to access our Telephone Advice Line. Our independently trained and impartial SENDIASS practitioners are able to make an assessment on an individual basis as to whether additional support beyond the telephone information and advice.</p> <p>Professionals can call to seek information, advice and support on the legalities and rights rounding SEND in relation to education, health and social care.</p>	

Integrated Physical and Sensory Services (IPaSS) – Hull City Council

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We support children and young people within Hull, that have physical difficulties, visual impairments or hearing impairments. Service is term time, although BSL support to families is offered year- round.</p> <p><u>The Support Service for Deaf Children</u> specialise supporting children and young people access education in the Hull area. Support Service for Deaf Children</p> <p><u>The Vision Support Team (VST)</u> Support the needs of pupils living in Hull, with an identified vision impairment from birth to 25 years. The team support access to education in homes, nurseries, primaries, secondaries, colleges and special schools across the city. Vision Support Team</p> <p><u>The PD team</u> Provides advice to preschool, school and post 16 settings regarding the educational implications of PD Physical Difficulties</p>	<p>Children with hearing impairment, visual impairment, physical difficulties and severely delayed and disordered speech and language referred through appropriate pathway</p>	<p>Living in Hull</p> <p>Children from birth onwards.</p>	<p>IPaSS, Oakfield School Site, Hopewell Road, Hull HU9 4HD Tel : 01482 318400 Minicom : 01482 31840 Email : ipass@hullcc.gov.uk</p> <p>Website Home</p>
		Referral Process	
		<p>Access to our service is-through the newborn screening or audiology referrals for HI and from the Eye Clinic for VI. Download and complete the Referral Form https://www.ipass.org.uk/referral-forms</p> <p>Ensure there is a parental signature on the form.</p> <p>Please send the completed form to our email or by post.</p> <p>Referrals from Hull City Council SEND Officers, Speech and Language Therapists and Educational Psychologists via email or telephone.</p>	

The Language Unit (IPASS) – Hull City Council

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>The Language Unit provides specialist support for children aged between three – 11 years with specific speech and / or language impairments.</p> <p>The Language Unit staff comprises specialist language teachers, teaching assistants, speech and language therapists and a speech and language therapy assistant.</p>	Have specific speech and language impairments.	Ages 3 to 11 years	<p>The Language Unit, 71 Lambert Street, Hull, HU5 2SG</p> <p>Telephone 01482 318 330</p> <p>Email – Language.unit@hullcc.gov.uk</p> <p>Website - https://www.ipass.org.uk/language-unit</p>
		Referral Process	
		Referrals can be made by Speech and Language Therapists, Educational Psychologists, Hull City Council SEND Officers. Referral forms available from - see contact details	

Humber and North Yorkshire Keyworker Service

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>Keyworkers act as the main point of contact for autistic people, people with a learning disability, and their families or carers.</p> <p>They offer support to avoid admission to a mental health inpatient unit and with discharge home</p>	<p>Autistic people and people with a learning disability or both up to the age of 25 who are at risk of being admitted to a mental health inpatient unit or are already an inpatient</p>	<p>Must have a diagnosis of autism or a Learning Disability and be aged between 0-25.</p> <p>Be registered on the Dynamic Support Register (DSR) information here How to access the service - Dynamic Keyworker Service - Connect NHS</p>	<p>Email: hnf-tr.keyworkerenquiries@nhs.net</p> <p>Tel: 01482 205 425</p> <p>Website - Dynamic Keyworker Service - Connect NHS</p> <p>Opening Times</p> <p>9.00am and 5.00pm, Monday to Friday (excluding Bank Holidays).</p> <p>Contact and referral process - Dynamic Keyworker Service - Connect NHS is available on the website link and on the Hull Local Offer.</p>
		Referral Process	
		<p>Lead professional involved in the persons care must make a referral once the person is registered on the (DSR) by completing the referral form.</p> <p>Consent must be completed by the person being referred (age 13+) or their parent / guardian</p>	

Early Years SEND Group - Kids

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>Our Early Years SEND groups are tailor-made for our youngest ones with complex needs. Through activities like song and rhyme time, music, craft, messy play, and learning-through-play moments, we're nurturing a foundation for their journey ahead.</p> <p>Sessions include sensory play, access to a sensory room, support from caring adults, and a space for families to share their ideas and experiences.</p>	Pre-school children with difficulties in communication, speech and play development	0-5 years No diagnosis required	HulleySendGroups@kids.org.uk Hull Early Years SEND Groups - Kids Kids Hull & East Yorkshire Online Service Checker (office.com) 01482 467540 - KIDS office number
		Referral process	
		Parents, carers and professionals via the online form	

Inclusion Service (Hull) - Kids

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We provide support and advice to families and young people at risk of permanent exclusion from education.</p> <p>Empowering families and young people to be confident with the information given around the exclusion process.</p> <p>We support in building relationships between schools and families and to mediate meetings.</p> <p>We can create bespoke interventions to avoid repeat suspensions and build on the wellbeing and wishes and feelings of young people.</p>	At risk of permanent exclusion	0-25 years	Tel - 01482 467540 Inclusion.hull@kids.org.uk https://www.kids.org.uk/services/hull-inclusion-service/
		Living in Hull	
		No formal diagnosis or EHCP required.	
		Referral process	
		Self, Parent/carers and professionals can refer using the form on the website, email or calling.	

Hull and East Riding SEND Sleep Service - Kids

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>Our Sleep Service is designed to fit your life. We offer various ways to support you, including workshops, drop-in sessions, online advice and guidance sessions, and videos with hints & tips. Our mission is to empower you and your child with tools to enjoy restful nights and rejuvenating sleep.</p> <p>We're not just here for your child or young person; we're here for you too. We know how tough sleep deprivation can be, so we'll also provide you with practical ways to tackle your own sleep struggles.</p> <p>We also provide training for professionals to help them to understand the challenges children face when they experience poor sleep.</p>	Children and young people with neurodiverse needs and sleep disturbances/disorders	<p>Age 1-18 years with SEND.</p> <p>No diagnosis needed but must have a professional involved with the child/young person</p>	<p>Tel - 01482 467 540</p> <p>sleepservicehull@kids.org.uk</p> <p>Mon-Fri 9am-5pm</p> <p>Kids Yorkshire</p> <p>Cranswick House,</p> <p>182 Chanterlands Ave, Hull, HU5 4DJ</p> <p>Hull and East Riding SEND sleep service (Hull) - Kids</p> <p>Use Kids service checker form:</p>
		Referral process	
		<p>Parents / carers can refer themselves. Or your child's GP or a professional can refer you.</p>	

Kinloss Garth – Hull City Council

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
Kinloss Garth provides an overnight short break service for disabled children and young people. Outreach support to families is also provided.	Mild to moderate physical, learning disabilities, challenging behaviours and sensory impairment	Age 8-18 years	Short Break Panel Placement Team via Liquid Logic Child Disability Team Tel – 01482 715 155
		Referral process	
		Via child's social worker	

Leisure and Family Support Service (LAFSS) – Hull City Council

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>The Leisure and Family Support Service (LAFSS) is a non-residential short breaks service offering groups, clubs and activities on evenings, weekends and holiday times, for disabled children and young people. Activities include –</p> <ul style="list-style-type: none"> - weekend activities - summer play activities, - supported days out for the whole family, - youth clubs, - discos and more. 	<p>Have a special educational need and/or disability</p>	<p>Must have SEND</p> <p>Age 0-25 years</p>	<p>https://www.facebook.com/profile.php?id=100068015108224</p> <p>Lil Bilocca House Porter Street Hull HU1 2RD Tel -01482 612 522</p>
		Referral process	
		<p>Anyone via the Hull City Council portal https://childrensportallive.hullcc.gov.uk/web/portal/pages/home</p> <p>Drop-in sessions, just turn up.</p>	

Matthew's Hub - CIO

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We provide advice and support in relation to employment, education, housing, benefits, health, and diagnosis. A range of social opportunities and activities are offered for young people and those 18 years plus.</p> <p>Individuals will be signposted to existing opportunities, and we will identify what individuals need and want through consultation.</p> <p>We are non-judgemental and all contact will be dealt with sensitively, and in complete confidence. We will always try to provide clear and concise advice and support; please ask if we do not make things clear.</p>	Autism and ADHD without a learning disability	<p>With, waiting for or looking for a diagnosis</p> <p>We do not support those with a learning disability</p> <p>Age 13 years plus.</p>	<p>Matthew's Hub, 69 Coltman Street, Hull, HU3 2SJ</p> <p>Tel - 01482 221 028</p> <p>Email: hello@matthewshub.org</p> <p>Our facilities are accessible, with no stairs.</p> <p>Website - Matthew's Hub Autism & ADHD Support in Hull & East Yorkshire</p>
		Referral process	
		<p>Self-referral, parent/carer</p> <p>Please email, call or complete online form Apply Matthew's Hub Autism & ADHD Support in Hull & East Yorkshire</p>	

Mental Health Support Team (MHST) Early Intervention mental health support team – Humber Teaching NHS Foundation Trust.

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We support children and young people aged 5-18 in many schools across Hull and East Riding of Yorkshire, helping children, young people and those who care for them with their mental health and emotional wellbeing.</p> <p>The teams can provide support for – Anxiety, Low Mood, Self Esteem, Worry, Sleep and parent led CBT.</p>	<p>Anxiety, Low Mood, Self Esteem, Worry, Sleep.</p>	Age 5-19 years	<p>The service does not have an address as they are community based.</p> <p>Opening hours: MHSTs are operational Monday-Friday 09:00-17:00 (excluding Bank Holidays).</p> <p>Phone Numbers</p> <p>01482 205205</p> <p>Email</p> <p>hnf-tr.hullmhst@nhs.net</p> <p>Speak to Senior Mental Health Lead within the school/college that has a MHST.</p> <p>Mental Health Support Teams (My MHST) - Connect NHS</p>
		Referral process	
		To access targeted intervention, requests for a child or young person must be completed by a member of staff at the child's school/college, or another appropriate professional working within the child's school or college.	

Front Door Team - Neurodiversity Service (Children's) – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>.A single point of contact for ASD/ADHD diagnostic assessments</p> <p>The team works at the referral stage to ensure the child or young person is supported to access the right pathway and support.</p> <p>Once all information is received the Front Door Team will consider if an assessment is appropriate. If it is you will join a waiting list.</p>	Possible ADHD and/or Autism	Age 5 plus	<p>West End 2062-2068 Hessle Road Hessle HU13 9NW</p> <p>Please see our 'Locations' page for more information.</p> <p>Opening hours: 09.00-17:00 Monday to Friday (excluding Bank Holidays).</p> <p>Phone Numbers</p> <p>Option 2 01482 692929</p> <p>Email</p> <p>hnf-tr.herneurofrontdoor@nhs.net</p> <p>Children's Neurodiversity Front Door Team - Connect NHS</p>
		Referral process	
		<p>Referrals for Autism and/or ADHD assessments will only be accepted from the following professionals:</p> <p>Special Educational Needs Coordinators (SENCOs)</p> <p>Educational Psychologists</p> <p>Paediatricians</p> <p>Speech and Language Therapists</p> <p>Portage</p> <p>Health Visitors</p> <p>Core CAMHS</p> <p>Other Professionals within the Neurodiversity Service e.g. Sensory Service</p> <p>If the young person is home educated please contact the team to discuss which professional can make the referral. How to access the service - Children's Neurodiversity Front Door Team - Connect NHS</p>	

Hull and East Riding Children's Autism and ADHD Assessment Team- Neurodiversity Service (Children's) – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>The team completes Autism and ADHD assessments for children and young people who are below the age of 18 and have a GP in Hull or the East Riding of Yorkshire. We generally assess children for Autism from the age of 3 years old and children for ADHD from the age of 6 years old. Occasionally we will assess outside of these ages but this would be for a special reason.</p> <p>The team has different people working in it, these include:</p> <ul style="list-style-type: none"> • Psychiatrists • Clinical Psychologists • Psychology Assistants • Speech and Language Therapists • Occupational Therapists • Social Workers • Nurses and Associate Practitioners. 	Referral for ADHD or Autism Assessment from the Front Door Team	<p>Under the age of 18 years</p> <p>Have a GP in Hull or the East Riding of Yorkshire</p> <p>Generally assess children from the age of 3 years old for Autism and 6 years old for ADHD. Occasionally we will assess outside of these ages for a special reason</p>	<p>West End 2062-2068 Hessle Road Hessle HU13 9NW</p> <p>https://connect.humber.nhs.uk/service/childrens-autism-and-adhd-assessment-team/</p>
		Referral process	
		Referrals from the Front Door Team	

ADHD Intervention Service - Neurodiversity Service (Children's) – Humber Teaching NHS Foundation Trust.

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>This service provides post-diagnostic support and on-going management for children and young people with ADHD and their families.</p> <p>We currently offer - medication assessments and reviews, education and information regarding ADHD, strategies to help promote wellbeing, CBT sessions and signposting to other professionals e.g. Sensory Processing Service.</p>	ADHD Diagnosis	<p>Parents/carers have implemented all relevant strategies recommended within the ADHD diagnostic report into the child's/young person's day for at least 4-6months with no change.</p> <p>ADHD symptoms are having a significant and direct impact on a child/young person's daily functioning, mental health and/or physical wellbeing in more than one environment.</p> <p>ADHD diagnostic report states ADHD as Moderate or Severe.</p> <p>Aged between 5-18 years</p> <p>Hull or East Riding General Practitioner.</p>	<p>West End 2062-2068 Hessle Road Hessle HU13 9NW</p> <p>Opening hours: 09.00-17:00 Monday to Friday (excluding Bank Holidays).</p> <p>Phone Number 01482 692929</p> <p>Children's ADHD Intervention Team - Connect NHS</p>
		Referral process	
		GP, Prescribing Psychiatrist. Referrals may also follow diagnostic assessment.	

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Learning Disabilities Service - Neurodiversity Service (Children's) – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>Hull & ER Children's Learning Disability Team</p> <p>We offer specialist assessment and interventions for children and young people for the following: -</p> <ol style="list-style-type: none"> 1.Behaviours that challenge 2.Emotional Regulation 3.Sexual Safety 4.Sleep (in conjunction with KIDS) <p>Work with parents / carers to develop Positive Behaviour Support (PBS) plans and management strategies.</p> <p>Individual work with children and young people.</p>	<ol style="list-style-type: none"> 1.Evidence of / diagnosis of an intellectual / learning disability. 2.Requires support / intervention in one or more of the 4 identified pathways of work in previous column. 	<p>Evidence of / diagnosis of an intellectual / learning disability.</p> <p>We do not accept referrals for the assessment and diagnosis of intellectual / learning disability.</p> <p>Referrals will be accepted up to the age of 18years</p>	<p>Children's Learning Disability Team Neurodevelopment Service Westend 2062-2068 Hessle Road Hull HU13 9NW</p> <p>Opening hours: 0900-1700 Monday-Friday (excluding Bank Holidays).</p> <p>Phone Numbers</p> <p>Hull01482 692929 (Option 2)</p> <p>Emailhnf-tr.hullandeastridingneurodiversityservice@nhs.net</p>
		Referral process	
		<p>We welcome referrals from professionals who are involved in supporting or have knowledge of children and young people requiring additional support for their learning disability.</p> <p>Referral can be made by telephone or email or download the referral form on this page How to access the service -</p>	

[Children's Learning Disability Team - Connect NHS](#)

Community Team for Learning Disabilities Service (CTLD) - Neurodiversity Service (Adults) – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We provide– Family Therapy, Occupational Therapy, Psychiatry, Epilepsy Nurses, Pysiotherapy, Psychology, Specialist PMLD Doctor and Community Nursing and Healthcare Assistants. More information here What we do - Community Team for Learning Disabilities (CTLD) - Connect NHS</p>	<p>Adults with learning disabilities whose needs cannot be met through mainstream services.</p>	<p>Adults 18 years plus.</p> <p>Eligibility Criteria here How to access the service - Community Team for Learning Disabilities (CTLD) - Connect NHS</p>	<p>Address -</p> <p>Townend Court 298 Cottingham Rd Hull HU6 8QR</p> <p>View our 'Locations' page for more information.</p> <p>Opening hours -Monday to Friday from 9:00-5:00 (excluding Bank Holidays).</p> <p>Phone Numbers</p> <p>01482 336740</p>
		Referral process	
		<p>Referrals can be made by the person with a learning disability, support is available by calling 01482 336740 or by a professional see referral form and guidance on this page How to access the service - Community Team for Learning Disabilities (CTLD) - Connect NHS</p>	

OFFICIAL

Sensory Processing Service - Neurodiversity Service (Children's) – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We offer specialist advice, support and assessments for children and young people who present with sensory processing differences. This is provided through a staged response:</p> <p>Stage 1 – Website and resources that are accessible to all</p> <p>Stage 2 – Referral; Telephone/Telehealth consultation; workshops</p> <p>Stage 3 – Clinic assessment; individual work with child or young person in response to need.</p> <p>We work with parents/carers and young people to identify bespoke strategies and accommodations to be embedded within the environments to meet health outcomes.</p>	<p>Children and Young People presenting with Sensory Processing differences that are having a significant impact on their function.</p>	<p>Criteria for the service</p> <ul style="list-style-type: none"> • Parent/carer have accessed and implemented strategies from the Humber Sensory Processing Hub (website). • Aged 0 and 18 years. • Registered to a Hull or East Riding General Practitioner. • Sensory processing differences having a significant impact on mental health and/or physical well-being in more than one environment. • Sensory processing differences that are severe and longstanding and are having a direct impact on their daily functioning. <p>Exclusion criteria - request for support that is primarily education, EHCP requests</p>	<p>Referrals and all enquiries via email hnf-tr.humbersensoryprocessingservice@nhs.net</p> <p>Opening Times/Days: Mon – Fri 9:00 – 17:00</p> <p>Referral form can be accessed via the service website Sensory Processing – Humber Sensory Processing Hub and/or Humber Teaching Foundation Trust website and local offer pages.</p>
		Referral process	
		Referrals can be made by a qualified health or social care professional or SENCo.	

Occupational Therapy – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact
<p>Our team of Occupational Therapists help children and young people to reach their full potential and develop life skills so they can join in and succeed in activities that are important to them.</p> <p>We help them take part in everyday activities (occupations) that they may find difficult because of their illness, injury or disability. These include self-care (getting washed/dressed, using the toilet or eating a meal), being productive (access to learning, handwriting/using scissors or learning through play at nursery) and leisure (play or hobbies).</p>	<p>Assessment, advice and treatment (if required) is provided to children with a variety of difficulties where the condition is causing a significant impact to functional ability.</p>	<p><u>Age</u> 0-18 years (19 years if attending special school). Live in Hull, are registered with a Hull GP and/or attend Hull Schools.</p> <p>Exclusions - Children in receipt of universal health services whose health visitor, school nurse and/or GP Practice can already offer the appropriate help, support and advice.</p> <p>Children who are being cared for by other services offering similar support.</p>	<p>Referrals are received into the department from the relevant agency via email, by post letter/referral form and telephone for urgent referrals (with written follow up).</p> <p>Children's Occupational Therapy Walker Street Children's Centre 70 Walker Street Hull HU3 2HE Telephone 01482 692929 option 4</p> <p>Email - hnf-tr.childrensotenquiries@nhs.net</p> <p>Website - https://connect.humber.nhs.uk/service/childrens-occupational-therapy/introduction/</p>
		Referral process	
		<p>If you would like to access our service you will need a referral from a Doctor (GP/Consultant), Physiotherapist, Speech and Language Therapist or another Occupational Therapist. If the referral is accepted the child will be placed on our waiting list and the referrer and parents/carer will be informed. A therapist will then contact you when your child is able to be seen.</p>	

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>The SEND Assessment and Review Team are responsible for ensuring the legal process is followed for children either requesting an Education Health and Care (EHC) plan, or for children who have an EHC Plan.</p> <p>The team are responsible for the continuing administration and review process of the EHC Plan during its lifetime. EHC Plans will be ceased either once the outcomes in the EHC Plan have been achieved, or once the learner turns 25.</p> <p>The SEND Team will continually work with other services such as health, social care, education settings and any other service who is important in the child/young person's life to ensure that their needs are being met.</p>	Special Educational Needs which require Special Educational Provision	0-25 years old	<p>The service can be accessed Monday- Thursday 9-5 and Friday 9 - 4.00.</p> <p>Email - send@hullcc.gov.uk</p> <p>Tel - 01482 616 007</p> <p>SEND Assessment & Review Team. 79 Lowgate Hull HU1 1HP From week commencing 13th January 2025, there will be a member of the team available to answer your query every Monday and Thursday, 9am-1pm.</p> <p>Calls placed outside of these hours will continue to be picked up via the answer machine service and a member of the team will call you back within three working days.</p> <p>SEND Team – Hull SEND Local Offer</p>
		Referral process	
		The service can be accessed by schools, parents and other professionals such as social care and health professionals. Requests for Education, Health and Care Needs assessments can come from any of these people, although the current education setting will always be asked to provide extensive information about the child's or young persons' needs.	

Speech and Language Therapy – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>The service provided to each child or young person may differ based on their needs but can include:</p> <ul style="list-style-type: none"> • Assessments • Reviews • Interventions • Coaching & modelling • Training for parents/teaching staff/and others involved with the child <p>We work closely with children or young people, and those around them, to ensure we understand everyone's concerns and the impact on everyday life. Dependent on the child's needs, we may work directly with the child or young person and/or work indirectly providing advice, support, and training to those around the child.</p>	<p>One or more of the following -</p> <p>Speech, language, communication, feeding and swallowing difficulties.</p>	<p>Exclusion-</p> <p>CYP with mild SLCN</p> <p>Out of area GP</p> <p>Age</p> <p>0-18 (25 when still in an educational setting and have EHCP in place)</p>	<p>The Walker St Centre 70 Walker St Hull HU3 2HE</p> <p>Opening hours: 08:30 –16:30 Monday – Friday (excluding Bank Holidays).</p> <p>01482 692929 (option 3).</p>
		Referral process	
		<p>Anyone can refer to our service including parents, health visitors, children centres, nurseries and school staff. We ask that you please seek parental consent before referring.</p> <p>Referral Guidance - Connect NHS and referral forms How to access the service - Children's Speech and Language Therapy - Connect NHS</p> <p>Referrals from parents/carers</p> <p>If you are concerned about your child's speech, language, communication or swallowing please call us.</p>	

Summer Activities - Kids

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
We provide fun holiday-time activities for disabled children in supportive and safe environments across Hull, giving parents and carers a short break from caring.	SEND Diagnosis	Age 8-18 years living in Hull. Priority will be given to young people unable to access other provision.	Email: enquiries.yorkshire@kids.org.uk Tel: 01482 467540 Website - https://www.kids.org.uk/services/hull-summer-activities/
		Referral process	
		Referrals can be made by professionals supporting a family e.g. Social Services or an Early Help worker. The Local Authority Decision Making Panel will review all referrals and families will be informed whether they have been allocated a place. The decision will be based on suitability and level of need.	

14-16 Counselling Service – The Warren

Description of Service		Need	Acceptance/Exclusion Criteria	Contact details
The Warren Counselling Service provides free and confidential counselling. We offer formal one to one sessions and an open access service, where any young person can get counselling support in the moment. Alongside our counselling service, we sometimes offer group work which might look at particular issues such as assertiveness or building resilience. We also provide counselling support to the Step Out group for young LGBTQ+ people aged 11 – 17.	Any young person aged 14 – 25 years	Any young person aged 14 – 25 can use our service. There are no thresholds or criteria, if you need a place to talk, you are welcome.		Telephone 01482 221 416 TheWarren counselling@thewarren.org
			Referral process	
			Young people can self-refer, via email, phone or by walking in. Parents, carers, guardians, friends etc and professionals can also refer on a young person's behalf, with their consent.	

(The) Hull SEND Local Offer – Hull City Council

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>A website and social media platforms which provides information on services available for people with SEND aged 0-25 living in Hull.</p> <p>You can find a list of charities and community organisations in the directory here Neurodiverse Conditions – Hull SEND Local Offer</p>	<p>Looking to find information about SEND services in Hull, what is available and how to contact them.</p>	Anyone	<p>Home – Hull SEND Local Offer</p> <p>Email – localoffer@hullcc.gov.uk</p>
		Referral process	
		No referral	

Inspire CAMHS Inpatient Service – Humber Teaching NHS Foundation Trust

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>Inspire offers short-term, intensive assessment, psychological, trauma-informed formulation and treatment for young people aged 13 -17.</p> <p>We work closely with schools, local authorities, Core CAMHS and CAMHS Crisis and Intensive Home Treatment Teams so that you get the help you need to support your recovery. An admission to an inpatient unit may be needed to support your recovery. With any admission, we make sure you remain connected to your networks of support who will all be involved in planning your discharge.</p>	<p>There is an identified concern about being able to safely manage a young person with the current CAMHS care plan in place or further assessment is required that cannot be undertaken in the community.</p>	Age 13-17 years	<p>Telephone: 01482 692930</p> <p>Opening Times/Days: 24/7</p> <p>Website Inspire Inpatient Unit - Connect NHS</p>
		Referral process	
		<p>If your CAMHS worker feels you would benefit from an in-patient admission, they would discuss this with the Community Psychiatrist and the Inpatient Team to agree the next steps.</p> <p>-----</p> <p>For CAMHS professionals please follow the NHS England Tier 4 operating Handbook Protocol</p>	

Child Disability Team – Hull City Council

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We can -</p> <ul style="list-style-type: none"> -advise you about aids, equipment and adaptations to the home -provide information and advice about financial help available to you and child with a disability or additional needs, such as direct payments -help you find activities for your child throughout the year -provide information about support groups -provide information, advice and support about learning disabilities -provide information, advice and support about physical disabilities -provide you with information about short breaks and holiday activities for you and your child -provide information about help with parking using the blue badge scheme, and how to apply -provide advice and support in moving on to adult services 	<p>Children with diagnosed disabilities who require information, advice, support.</p>	Aged 0-18 years	<p>Calls can be made to EHASH 01482 448 879</p>
		Referral process	
		<p>Parents or carers of children with a disability - an assessment by the team may be required</p> <p>Professionals are able to refer with parental consent– an assessment by the team maybe required.</p> <p>Referrals made through EHASH who will triage and progress to Childrens Disability for an assessment or sign post for support through universal/targeted or Early help support should they not feel this require an assessment via Social Work Team.</p> <p>https://childrensportallive.hullcc.gov.uk/web/portal/pages/home</p>	

Counselling for Children and Young People - Hull and East Yorkshire Mind.

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We know that getting help when you are struggling is important, that's where our counselling service can help.</p> <p>When you are struggling with your feelings, counselling can help you to process what's going on in a safe environment. In counselling, a trained therapist or counsellor will listen to your problems and help support you understand what is causing these problems by supporting you to look at solutions to help you overcome them.</p> <p>Our counselling service is free for young people.</p>	Young people struggling with their feelings	Age 10-19 years	<p>Contact Details:</p> <p>Tel: 01482 755 601</p> <p>Monday - Friday 9am - 5pm</p> <p>Email; therapyservices@heymind.org.uk</p> <p>www.heymind.org.uk/counselling-youngpeople</p>
		Referral process	
		<p>Referrals can be made by parents, professionals can also self-refer. Young people 16+ years can also self-refer.</p>	

Tourettes Syndrome Inclusion in the Community (T.I.C)

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>We support individuals and families who are living with tic disorders/Tourettes Syndrome and ADHD</p> <p>Support we offer -</p> <p>Raising Awareness</p> <p>Active Facebook group</p> <p>Support and advice in schools</p> <p>One to one support</p> <p>Support groups – online and face to face.</p> <p>Sibling support</p>	<p>If tics are present, then we can offer support.</p> <p>Some more common diagnosis besides Tourettes Syndrome are tic disorders, FND and PANS.</p>	<p>No diagnosis required</p> <p>No age restrictions for the groups although ideally the child would be over 5 years to ensure they benefit fully from the group</p>	<p>Phone: 07449 338 515</p> <p>Email: enquiries@tic-yorkshire.co.uk</p> <p>Website: https://tic-yorkshire.co.uk/</p> <p>You can access us on social media,</p> <p>Facebook - https://www.facebook.com/TicYorkshire</p> <p>Twitter - @TICYorkshire</p> <p>Instagram - tichullyorks</p>
		<p>Referral process</p> <p>People can self-refer or referrals can be made by professionals. Call or email us.</p>	

Description of Service	Need	Acceptance/Exclusion Criteria	Contact details
<p>The Youth Development Service works with young people aged 10 - 19 and up to 24 with young people with additional needs.</p> <p>The Service offers young people a variety of support, interventions and wider social and personal development opportunities aimed at meeting their needs and interests. This is delivered through targeted and universal youth work using one to one, small group and large group work approaches</p> <p>The Universal offer also includes 2 evening social sessions per week for young people with disabilities and / or learning difficulties. Both Big Buzz and Buzzaballoo sessions are held centrally at Kingston Youth Centre.</p>	<p>Young people need to have an identified disability or learning need, but do not require any additional extras. Although if the young person is accessing other provision, it may be that they are not offered a service due to waiting lists.</p> <p>Acceptance /Exclusions – If you can add in, that one to one and personal care cannot be provided on sessions.</p> <p>Referral – Professionals/parents/carers and young people can refer. There is a referral process and a home visit. Please ring Kingston Youth Centre or email myself for a referral form.</p>	<p>Age Big Buzz – young people aged 16-24, Buzzaballoo- young people aged 11-18</p>	<p>Karen Kelleher 01482 331 238</p>
		Referral process	
		Professionals and parents via telephone.	



Disclaimer

We have made every effort to ensure that the information in this document is accurate and up to date. However, as circumstances may change, we recommend that you verify details with the Local Offer website for the latest information. The Local Offer Information Officer will review this document annually.

If you notice any discrepancies or errors, please notify us by emailing LocalOffer@hullcc.gov.uk. When doing so, kindly include the service name, the nature of the error, and any correct information you may have. The information will be cross-checked against the Local Offer website and updated during the annual review.