



# Hull City Psychological Service

## An overview



*Reflect*

*Respect*

*Empower*

*Innovate*



# Core Framework

Hull City Psychological Service	
Vision	Core Values
Transforming lives with psychology	1. Respect
Mission/CPP	2. Reflect
Positive change made possible	3. Empower
	4. Innovate



*Reflect*

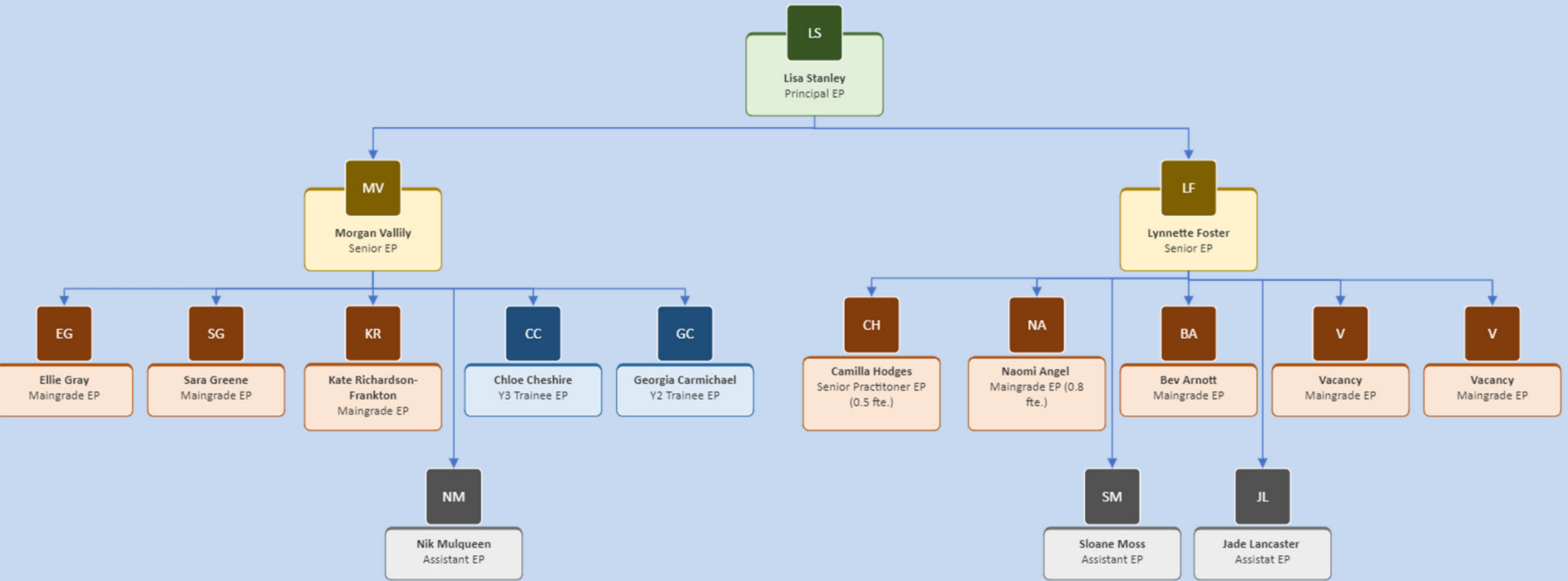
*Respect*

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*Innovate*



### HCPS Structure



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# HART

<p><b>Developing a sense of Well Being</b></p> <p>Providing Quality Care - Protection</p> <p>loving, supportive home environment</p> <p>Key worker in school</p> <p>(S47 + multiple moves - St Giles) <b>NEGLECT</b></p> <p>Reminders and support for 'stranger awareness' + appropriate adult relationships</p> <p>Good home/school relationships</p> <p><b>Building Warm Relationships</b></p> <p>longterm placement one school setting</p> <p>Lack of parental interaction - warmth / boundaries / supervision</p> <p>Lucy time</p> <p>Peers at Lucy time</p> <p>Explicit teaching of friendship skills and social skills</p> <p>Promoting an appropriate level of self-perception</p> <p>lack of kindness, warmth, positivity in early years</p> <p>Lucy time</p> <p>valued by everyone at home + school</p> <p><u>Continue positive reinforcement</u></p> <p><b>Ensuring a sense of belonging</b></p> <p>Stable placement, longterm</p> <p>Key worker / supportive, nurturing school environment - welcoming warnings, predictable routine, reassurance.</p> <p>Lucy time / jobs</p>	<p><b>Managing Life Events</b></p> <p>Enhancing Resilience</p> <p>Lucy time + key person</p> <p>little jobs at home/school</p> <p>positive outlook</p> <p>- use language to show Lucy you're keeping her in mind</p> <p>- key worker reflecting feelings</p> <p>- playing</p> <p>Teaching self-managing skills</p> <p> routines</p> <p> little jobs</p> <p> personal bubble</p> <p> (time on task)</p> <p> Being flexible and building in control</p> <p> tangle</p> <p> working in a pod</p> <p>transitional objects</p> <p>photos/diary</p> <p>Safety plan (happy place)</p> <p>Sustaining attention strategies from EP</p>	<p><b>Acquiring Social Confidence</b></p> <p>Improving Emotional competence</p> <p>- teaching language of emotions</p> <p>- making what she's doing explicit</p> <p>- Make suggestions about how she's feeling -</p> <p>• you need to know who's walking past, you must be feeling a bit worried".</p> <p>Developing personal/social responsibility</p>
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# HAIL

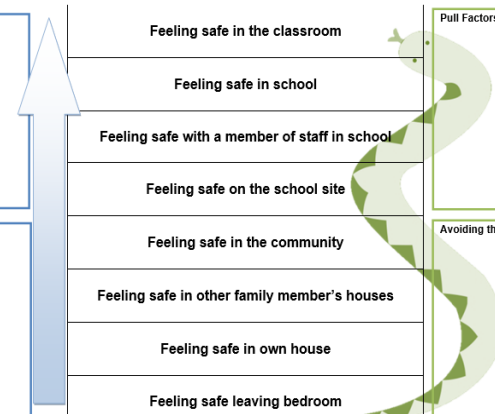
**Hull City Psychological Service**  
 Transforming lives with Psychology  
 "Making positive change possible"



**Hull Attendance Improvement Ladder - Consultation**

School: <input type="text"/>	Date of Consultation: <input type="text"/>	Brief Narrative, if appropriate:    Attendance on date of consultation: _____ Review Date: _____
Name: <input type="text"/>	Consulted with: <input type="text"/>	
Date of birth: <input type="text"/>		
Sessions: <input type="text"/>	Excluding travel, admin, formulation & report writing	

Push Factors - what is promoting attendance?



Feeling safe in the classroom

Feeling safe in school

Feeling safe with a member of staff in school

Feeling safe on the school site

Feeling safe in the community

Feeling safe in other family member's houses

Feeling safe in own house


Feeling safe leaving bedroom


Pull Factors - what is limiting attendance?


Climbing the ladder


Avoiding the snakes

This information has been produced with thanks to the work of West Sussex Educational Psychology Service and Somerset Educational Psychology Service

  
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# ELSA

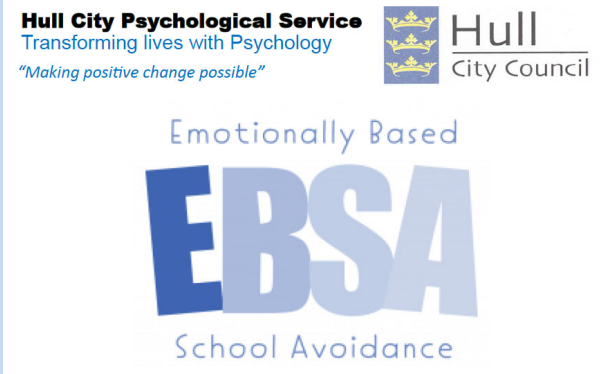


REGISTERED

# Emotion Coaching



# EBSA



# Bespoke Training



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## Core Offer

- Critical Incident in your school
- Psychological Consultation Meeting (PCM) with your Link EP once every term either on site or virtual
- EHCNAs commissioned by the Local Authority's SEND Team
- Other statutory work



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# Traded offer

EPs can

- carry out direct work with learners
- undertake research in your school
- deliver bespoke training to your staff
- consult regarding policy making



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## Children Looked After

- The Virtual School have commissioned Hull City Psychological Service to work on behalf of CLA learners within the city. School staff and social workers can refer directly into the Virtual School if they feel that a psychological perspective, regarding a learner, may be helpful. This typically involves holding a HART Consultation for the learner but the Service is also piloting HAILs for learners who are struggling to feel safe attending school.



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# Early Years Offer

- Senior EP for the early years, supported by Assistant EPs
  - Complex casework
  - Consultation (PCMs with Area SENCOs and contribution to the EY Access and Inclusion Resource Allocation panel)
  - Training
  - Project work





Contact: [city.psychologicalservice@hullcc.gov.uk](mailto:city.psychologicalservice@hullcc.gov.uk)



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